

The Slug and Lettuce

BALSAMIC DRESSING

INGREDIENTS

100ml balsamic vinegar

100ml water

Tbsp brown sugar

Extra virgin olive oil

METHOD:

Mix the balsamic vinegar to the water. Place in a saucepan and bring to the boil. Turn down the heat to a rolling boil and reduce by half. Add a table spoon of brown sugar, mix well and allow to cool. Pour in extra virgin olive oil to create a 'vinegarette consistency' Decant into a bottle and store in the fridge. Shake well before use and then drizzle away!

HERBY OIL

INGREDIENTS

250ml Olive oil

250ml Runny Honey

250ml White wine vinegar

250g Soft garden herbs - mix of mainly spinach plus basil, parsley, chives and rocket

METHOD:

Blitz and enjoy!