



FOOD

Our menu descriptions do not contain all ingredients, so please ask your server or visit our Web site for information (before ordering), if you have any particular allergy or requirements. Fish and poultry dishes may contain bones. We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. All menu items are subject to availability. All weights are approximate uncooked. Photography is for guidance only. Prices are in pounds sterling and include VAT, at the current rate. We accept Delta, Maestro, MasterCard and Visa. Thank you for your custom. Our waiters receive all cash tips. For credit-card tips, an 8% charge is deducted to cover processing costs. The Slug and Lettuce does not profit from this charge.

✔ This dish is suitable for vegetarians, but please note that we do not operate a dedicated vegetarian kitchen area.

WE HOPE THAT YOU HAVE ENJOYED OUR SLUG AND LETTUCE DISHES

For more information, please visit our Web site, where you can subscribe to our newsletters and receive the latest offers and updates from the Slug team. You can also reserve tables, check further details from our allergy information link and download our menu on line: WWW.SLUGANDLETTUCE.CO.UK

The Slug and Lettuce

HAPPY MONDAYS

**50%
OFF
FOOD**
EVERY MONDAY



Tikka Tuesdays

2-4-1 CURRIES

CHOOSE ANY TWO CURRIES
AND RECEIVE THE
LOWER-PRICED
CURRY ON US

COBRA £2.50 PER BOTTLE

EVERY TUESDAY



2-4-1 DESSERTS

CHOOSE ANY TWO
DESSERTS AND RECEIVE
THE LOWER-PRICED
DESSERT ON US



ALL DAY, EVERY DAY

NOT IN CONJUNCTION WITH HAPPY MONDAYS

BRUNCH

Served until noon.

FULL ENGLISH: Sausage, bacon, grilled tomato, baked beans, mushrooms and two eggs, served with toast and tea or coffee. 4.95

✓ **VEGETARIAN FULL ENGLISH:** Grilled tomato, mushrooms, baked beans, potato wedges and two eggs, served with toast and tea or coffee. 4.95

✓ **TOAST,** served with butter and marmalade or strawberry jam. 1.85

SAUSAGE SANDWICH, served with tea or coffee. 2.95
WITH A FRIED EGG 3.45

BACON SANDWICH, served with tea or coffee. 2.95
WITH A FRIED EGG 3.45

£4.95 FULL ENGLISH BREAKFAST

INCLUDES TEA/COFFEE AND TOAST
SERVED EVERY DAY UNTIL NOON



NIBBLES

Great to start a meal, share with friends or as a light snack.

✓ **TOASTED GARLIC CIABATTA BREAD STRIPS** 2.00

✓ **BREAD AND OLIVES,** with olive oil and balsamic vinegar. 2.95

✓ **BREAD AND HOUMOUS,** with olive oil and balsamic vinegar. 2.95

BREADED MUSHROOMS, with garlic mayonnaise for dipping. 4.25

CRISPY FRIED POTATO WEDGES, with a crème fraîche & spring onion dip and a BBQ sauce. 3.95

ADD BACON AND CHEESE OR CHILLI CON CARNE AND CHEESE 1.25

CALAMARI, served with a sweet chilli dip and lemon. 4.75

SOUTHERN-FRIED CHICKEN BREAST, in a southern-fried-style coating, with BBQ sauce. 4.45

SHARING

All of these dishes are ideal for three or four to share, as a snack or starter.

✓ **NACHOS,** with melted cheese, topped with roquito pepper, jalapeños, salsa, guacamole and a crème fraîche & spring onion dip. 7.95

WITH CHILLI CON CARNE 8.95

FISHERMAN'S PLATTER: British wholetail scampi, sautéed king prawns in garlic butter, calamari and haddock goujons, served with chips to share, ciabatta bread strips and garlic Marie Rose and tartare sauces. 13.95

✓ **THE MEZZE PLATTER:** Toasted garlic ciabatta bread strips, with olives, falafel, flatbread, houmous, salsa and a crème fraîche & spring onion dip – served with carrot and cucumber crudités. 10.45

THE ULTIMATE PLATTER: Southern-fried-style chicken breast pieces, breaded mushrooms, pork ribs, crispy fried potato wedges, toasted garlic ciabatta bread strips and beer-battered onion rings – served with a BBQ sauce, salsa and a crème fraîche & spring onion dip. 11.95

SANDWICHES AND WRAPS

All served with coleslaw on the side.

GRILLED CHICKEN, BACON & AVOCADO WRAP , with sour cream and a crème fraîche & spring onion dressing.	6.25
FISH FINGER SANDWICH : Hand-battered fish fingers, served in a multiseed bun, with iceberg lettuce and tartare sauce.	5.95
THE FLT WRAP : Falafel, lettuce and tomato, with a crème fraîche & spring onion dressing.	5.95
BBQ CHICKEN, CHEESE & BACON SANDWICH , served in ciabatta.	6.95
AROMATIC DUCK WRAP , with Peking-style plum sauce, cucumber and spring onion.	5.95
SOUTHERN-FRIED-STYLE CHICKEN WRAP , with tomato salsa and a crème fraîche & spring onion dressing.	5.95
TUNA MELT : A delicious mix of tuna, mayonnaise, sautéed red and spring onions and melted cheese – all baked in ciabatta.	5.95

£8.95 PHILLY STEAK SANDWICH AND CHIPS

A 6oz flat-iron steak, served in ciabatta, with BBQ sauce and melted cheese, crisp lettuce and sautéed red and spring onions, plus chips and coleslaw on the side.

TOSTADA FLATBREADS

All have a red pepper tapenade base and are finished with watercress.
Top with your choice of:

SPICY BEEF AND BEAN: Pulled tender beef, spicy ancho chilli beans and sour cream, with jalapeño and roquito peppers and a sprinkling of crunchy nachos.	7.45
PARMA HAM AND MOZZARELLA: Drizzled with a rocket pesto dressing.	7.45
GOAT'S CHEESE: With sautéed Paris brown and oyster mushrooms, plus sticky onion marmalade.	6.95



FABULOUS TOSTADA FLATBREADS

ADD CHIPS TO ANY SANDWICH, WRAP OR TOSTADA FLATBREAD	1.00
ADD WEDGES	1.50

SALADS

Our house salad dressing is a low-fat French-style dressing; if you would prefer your salad dressing on the side, just ask.

GRILLED CHICKEN, BACON AND AVOCADO , served on a dressed mixed salad.	8.25
SWEET POTATO SALAD : Roasted sweet potato wedges, on mixed leaves, with chickpea couscous and a tomato & mint dressing.	5.95
SMOKED HADDOCK FISHCAKES , served on a dressed mixed salad, with a crème fraîche & spring onion dip on the side.	8.25
CHAR-GRILLED CHICKEN CAESAR SALAD , with crispy croûtons, a Caesar dressing and grana padano cheese shavings.	7.25
MOROCCAN CHICKEN : Spicy harissa-marinated grilled chicken breast and roasted sweet potato wedges, on mixed leaves, with chickpea couscous and a tomato & mint dressing.	7.75

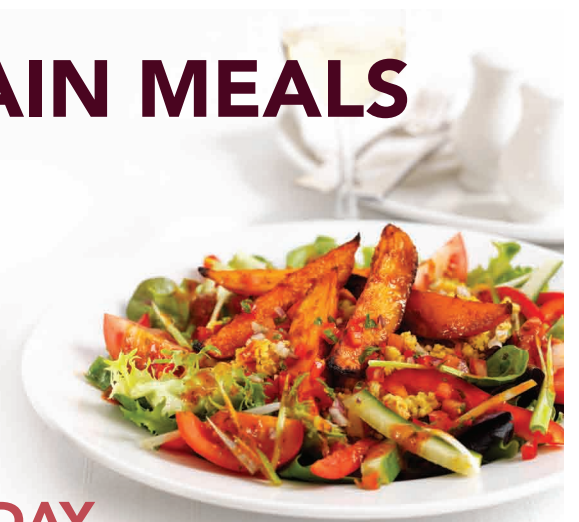
MAIN COURSES

£5.95 MAIN MEALS EACH

CHOOSE FROM SEVEN DISHES:

- CHILLI CON CARNE
- LINCOLNSHIRE PORK SAUSAGES
- COTTAGE PIE
- SWEET POTATO SALAD
- BAKED LINGUINI CARBONARA
- PENNE ARRABBIATA
- GOAN VEGETABLE CURRY

ALL DAY, EVERY DAY



MEAT

CHILLI CON CARNE , with rice and nachos, topped with a crème fraîche & spring onion sauce.	5.95
BEEF IN RED WINE PIE : Slow-cooked pieces of beef and bacon in a rich red wine gravy, encased in shortcrust pastry and served with garden peas and chips.	8.95
LINCOLNSHIRE PORK SAUSAGES , served with a rich red wine gravy, sticky onion marmalade, sautéed red and spring onions and buttery mash.	5.95
COTTAGE PIE : Minced beef with carrot, leek, onion and red wine, topped with a cheesy mash and served with garden peas and ciabatta.	5.95
8oz GRILLED RUMP STEAK , served with chips, onion rings, watercress and grilled tomato.	10.45
ADD PEPPERCORN SAUCE	1.00
RACK OF RIBS : A rack of pork ribs, smothered in BBQ sauce and served with chips and coleslaw.	10.45

CHICKEN

CHICKEN SOUVLAKI : Greek-style chicken breast, red onion & mixed pepper skewers, with houmous, a crème fraîche & spring onion dressing and a flatbread to wrap.	6.95
OPEN CHICKEN PIE : Chicken breast in a creamy smoked Applewood cheese & bacon sauce, in an open puff pastry pie, served with garden peas and chips.	8.95
ITALIAN-STYLE CHICKEN , grilled and served with potato wedges, sautéed peppers, red onion and spinach – topped with a creamy white wine & garlic sauce.	8.95
SMOTHERED CHICKEN , grilled and topped with bacon, sticky BBQ sauce and melted cheese and served with chips and garden peas.	6.95

FISH

HAND-BATTERED FISH , served with chips, minted mushy peas and tartare sauce.	8.95
BRITISH WHOLETAIL SCAMPI , served with chips and tartare sauce.	7.95
SMOKED HADDOCK, SALMON & KING PRAWN PIE , with a cream & leek sauce, topped with buttery mash and cheese and served with garden peas and ciabatta.	8.95

SIDES

LARGE CHIPS , with garlic mayo.	3.95
BUTTERY MASH	2.25
TOASTED GARLIC CIABATTA BREAD STRIPS	2.00
BEER-BATTERED ONION RINGS	2.50
INDIAN SNACK SELECTION : A mix of onion bhaji, chicken pakora and lamb samosa, served with mango chutney.	2.00
MIXED SIDE SALAD , in a low-fat French-style dressing.	1.95
COLESLAW	0.75

BURGERS

Our burgers are served in a soft multiseed bun, along with tomato, lettuce and mayonnaise, plus chips and coleslaw on the side.

THE CLASSIC BEEF	7.95
THE GRILLED CHICKEN FILLET	7.95
THE FALAFEL , with guacamole and a sweet chilli sauce.	7.95
THE SWISS : Our classic burger, with Emmental cheese and bacon.	8.95
THE ITALIAN : Grilled chicken breast fillet, topped with mozzarella, Parma ham and a rocket pesto dressing.	9.25
THE BOMBAY : Our classic burger, topped with onion bhaji and a mild Madras sauce.	9.45
THE FRENCH : Our classic burger, smothered with sautéed sweet red and spring onions, melting cheese and a red wine & garlic sauce.	9.45
THE ULTIMATE STATESIDE , with mushrooms, melting Emmental cheese, bacon, beer-battered onion rings and BBQ sauce.	10.45
ADD AN EXTRA BEEF BURGER	2.50

PASTA

All served with toasted garlic ciabatta bread strips.

PORK MEATBALLS , with tagliatelle, spinach and a spicy chilli & tomato sauce.	8.45
LASAGNE : Minced beef and pork, in a rich tomato sauce, sandwiched between layers of pasta and creamy cheese sauce.	6.45
BAKED LINGUINI CARBONARA , with a creamy cheese & bacon sauce.	5.95
PENNE ARRABBIATA : Penne pasta with spicy tomato sauce and spinach.	5.95
BUTTERNUT SQUASH, SPINACH & GOAT'S CHEESE LASAGNE	7.95

CURRIES

All of our curries are topped with relish and served with basmati rice and a chapathi.

CHICKEN TIKKA MAKHANI : Chicken breast pieces, in a creamy lentil, spinach & cashew nut curry sauce.	7.45
THAI GREEN CHICKEN CURRY : Chicken breast pieces, with pak choi, green peppers and spinach, in a rich Thai-flavoured curry sauce, finished with coconut cream.	7.75
BEEF BHUNA : Tender pieces of beef in a spicy north-Indian-style tomato & coriander curry sauce.	7.95
GOAN VEGETABLE CURRY : Sweet potato, onion, tomato, peppers, chickpeas and spinach in a medium-spiced coconut cream & yoghurt sauce.	5.95
CHICKEN KORMA : Chicken breast pieces in a mild coconut cream & yoghurt sauce, with almonds.	7.75
INDIAN SNACK SELECTION : A mix of onion bhaji, chicken pakora and lamb samosa, served with mango chutney.	2.00

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2-4-1 CURRIES

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COBRA £2.50 PER BOTTLE

EVERY TUESDAY



DESSERTS

LEMON CRUMBLE TART , served with vanilla ice cream.	4.95
COOKIE CUP EXPLOSION : A cookie biscuit base, filled with chocolate brownie, marshmallow pieces and chocolate honeycomb, served with vanilla ice cream.	4.95
PECAN TART , served with vanilla ice cream.	4.95
BAKED VANILLA CHEESECAKE , with red berries.	4.95
STICKY TOFFEE PUDDING , served with hot custard or vanilla ice cream.	4.95
HOT CHOCOLATE-PUDDLE SPONGE PUDDING , with chocolate sauce, served with hot custard or vanilla ice cream.	4.95
CARAMEL APPLE CRUMBLE PIE , served with hot custard or vanilla ice cream.	4.95
CHOCOLATE OR VANILLA ICE CREAM	3.45

2-4-1 DESSERTS

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COFFEES

ESPRESSO : Small, dark, intense shot of black coffee, served with a golden crema.	1.95
AMERICANO : Long, black coffee, made with hot water added to espresso.	1.95
LATTE : Espresso, with steamed milk.	2.25
CAPPUCCINO : Espresso, topped with hot milk and froth.	2.25
MOCHA : Combination of strong espresso and creamy hot chocolate.	2.25
HOT CHOCOLATE : Made with frothy milk.	2.45
WITH CREAM AND MARSHMALLOWS	2.75

TEAS

EVERYDAY TEA : Bright and full of flavour – perfect to refresh and invigorate throughout the day.	1.95
EARL GREY : A light tea, pale gold in colour, with the delicate flavour of bergamot citrus fruit.	1.95
GREEN & CRANBERRY TEA : A refreshing and sweet green tea, with a hint of cranberry.	1.95
PEPPERMINT INFUSION : A refreshing infusion, with a crisp, clean taste.	1.95
BLACKCURRANT, GINSENG & VANILLA TEA : A reviving infusion, with a lively taste which can really give you a boost.	1.95

HOT STUFF

CARIBBEAN COFFEE	3.45
Add some sunshine flavour – classic coffee, with Malibu coconut rum.	
BAILEYS LATTE	3.45
Espresso, steamed milk and Baileys Irish Cream.	
IRISH COFFEE	3.45
Classic coffee – with Jameson Irish whiskey.	
CHOCOLATE ORANGE	3.95
Hot chocolate and triple sec orange liqueur, topped with cream and marshmallows.	
MINT CHOC	3.95
Hot chocolate with all of the cream and marshmallow trimmings, plus crème de menthe mint liqueur.	

WWW.SLUGANDLETTUCE.CO.UK

Please give us your feedback – for details, pick up a card at the bar or log on to: www.lettuceknow.co.uk

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